

MESSAGE FROM THE MINISTER

In South Africa (where I originate from), we have 11 official languages each with their own way of saying hello. Sanibonani (isiZulu), Molo (isiXhosa), Hallo (Afrikaans), Thobela (Sepedi), Dumela (Setswana), Lumela (Sesotho), Abusheni (Xitsonga), Sanibona (SiSwati), Avuwani (Tshivenda), Salibonani (isiNdebele) and Hello (English).

Saying hello is something we do day in and day out, and we probably don't even realise the power of that word. It, like breathing, is something that comes so natural to us that we often forget its existence. Whether it be at the airport, on the phone, at the supermarket or just walking past a mirror. Saying hello is a powerful means of communicating. It is incredible how this seemingly simple phrase can make someone's day and make them feel seen. Often when I have spoken to a homeless person sitting outside a shopfront, that simple word acknowledges their presence and humanity. I might be the only one who has said hello to them that day, and that can be a powerful moment.

In the past couple of weeks my family and I have been welcomed into the community of Abbotshall and Kirkcaldy. I have had the pleasure of meeting numerous people and experienced the hospitality of this church and town. It has struck me how passionate people are about Abbotshall and the continuation of its outreach to the community.

As I continue to meet with people from the church and community, I look forward to the many hellos we will share, the cups of tea/coffee we will drink and the stories we will share. I am looking forward to making our hellos ones that are filled with mutual care and admiration. I am sure, as we get to know each other, we will share our deepest joys and pains and they will fill our hello's even further.

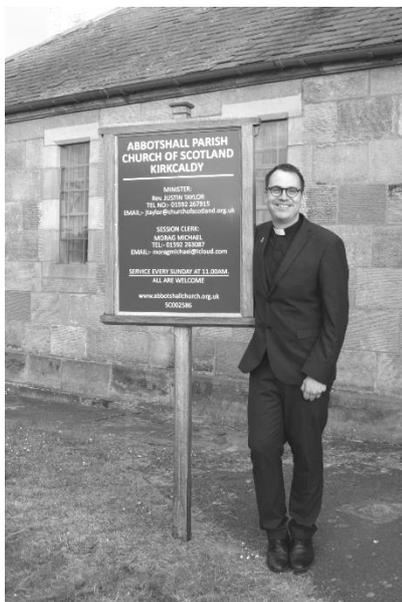
It is a privilege to be the Minister here at Abbotshall.

For those of you who do not know me and for those who are still getting to know me...

Hello.

My name is Justin, and I am looking forward to getting to know you.

Justin's Induction Service on Monday 16th July 2018





As we begin the 10th year with Chris Beattie as our key worker, we have decided to update both the KART logo and the KART website. We hope you like them as much as we do.

We felt it gave a more contemporary feel as we continue to promote a message that never changes - the good news of Jesus.

On our new website you can keep up to date with key events, download key documents, view our promotion video and donate directly to the work of KART.

www.kart.me.uk

Please do subscribe to our newsletter and never miss an update as well as like us on our face book page

WALKING GROUP

The first walk of 2018 was scheduled for **17th March** but had to be cancelled because of the weather conditions. Instead, we enjoyed fellowship over cups of tea and coffee in the warmth of Sainsbury's Cafeteria.

By contrast on **21st April** Jenny, Morna and Pat experienced perfect weather conditions for their walk round part of the Loch Leven Heritage Trail. The walk started from Kirkgate Park beside the walls of Kinross House and with views across to Lochleven Castle. The route continued past Fish Gate, Mary's Gate, Burleigh Sands and Carsehall Bog. We turned back before reaching Grahamstone and stopped at Orwell to have our picnic lunch. The fine spring weather resulted in the Trail becoming very busy with other walkers and cyclists. On our return journey to Kirkcaldy we stopped at Loch Leven's Larder for some welcome refreshments.

On **20th May** 5 Holy Strollers (Anne, Jane, Jenny, Margaret and Pat) walked through Carden Den. At the start the trail through the wooded gorge stayed close to Den Burn and soon the rumble of traffic noise heralded the arrival of the busy A92. After passing under the viaduct the path climbed out of the valley and reached the spot where Scotland's last recorded fatal duel took place. Kirkcaldy linen merchant David Landale fired a single fatal shot, killing banker George Morgan thus preserving his financial reputation, business integrity and personal honour. Landale was subsequently tried and acquitted of Morgan's murder and later served as Provost of Kirkcaldy. The route continued over a bridge across the dual carriageway and branched round Sunnyside Plantation, from which point there were good views of the Bishop Hill and the Lomonds. It was a downhill gradient from here through New Carden Plantation to return to Cardenden.

On **16th June** Anne, Jenny, Margaret, Morna and Pat walked along the Fife Coastal Path between Elie and Anstruther. Wet weather did not dampen our spirits. It was dry but overcast when we set off from Ruby Bay car park but after about half a mile it started drizzling and the rain became steadily heavier as we progressed along the path until it became a heavy downpour by the time we reached Anstruther. Landmarks on the route include Lady's Tower, Ardross Castle, Newark Castle, St Monans and Pittenweem. We sought refuge in St Monans Church to sit on a pew to have our lunch in comfort. When the very bedraggled Holy Strollers reached Anstruther a bus arrived within a few minutes for the return journey to the car park.

On **21st July** Anne, Christine, Jane, Jenny, Margaret and Morna had a very enjoyable walk along the Tay Estuary between Wormit and Balmerino. The path headed west along by the shore past a recently erected memorial to the 75 victims of the Tay Rail Bridge disaster in 1878. The footpath followed the top of the wooded coastal bluff and afforded good views of Dundee. Eventually a flight of steps led back down to the shore passing the cottages at Nether Kirkton and into the village of Balmerino. We had our picnic lunch in the tranquil ruins of Balmerino Abbey. Balmerino was founded for the Cistercian Order in 1229 by Queen Ermengarde, the widow of William the Lion, and her son Alexander II. We returned to Wormit via Kirkton, Kilburns Farm and Peacehill Farm through a variety of woodland and open farmland. Fellowship continued with a stop for refreshments at Bridgend Garden Centre in Freuchie.

On **18th August** Anne, Jenny, Margaret, Morna and Pat had another walk along the Fife Coastal Path, this time between Dalgety Bay and Burntisland. We took the train to Dalgety Bay and walked down to join the path at St David's Harbour. It was a sunny day and we had

excellent views across the water to Edinburgh, the Forth Bridges, Pentland Hills and parts of East Lothian. We admired the gardens and houses built along the shore. The graveyard surrounding the ruins of St Bridget's Kirk made a suitable stopping place for a cup of coffee. Further along the way we stopped in Aberdour near the Sailing Club for our picnic lunch. At the end of the walk we had refreshments in the Sands Hotel in Burntisland and returned to Kirkcaldy by bus. Interesting landmarks along the route included Donibristle House, St Bridget's Kirk, Braefoot oil terminal, St Colme House, Aberdour Golf Course, Silversands Bay and Starley Burn.

The final walks this year will be on **15th September** and **20th October** which will be on the Water of Leith Walkway. **Jenny McLeod**

September Prayer

Dear Lord

September again! How quickly the months roll by. How quickly our lives move forward. Help us this September to welcome the new starts in our every-day lives – the new young church year and the new school year, the new clubs and activities using our halls that start up again this month. There are so many opportunities, so much to keep us busy. Help us Lord, this September to commit each new day and each new activity to you, aware that every day is a gift from you. Help us to choose wisely how we spend the time you give us and to reflect your love and generosity and kindness to those we meet each day.

In Jesus name, Amen.

BEREAVEMENTS

We were saddened at the passing of Dr Ronald Sharp, Ruth McKay in June. Beth Webster in August.

NEW MEMBER

During June we were pleased to welcome into our church family, by certificate, Marion Leitch.

Thank you

I would like to say a huge thank you to the Church for the beautiful flowers and card I received in July this year. They cheered me up very much.

Helen Graham

Abbotshall Craft Group

The group are again holding an open morning **on Wednesday 26th September** in the Kennedy Hall from 10.30am until noon. Come along and see what we have been making and have a chat and some refreshments. There will be items on sale as well.

For further information contact Bett Duncan.



CHRISTMAS FAYRE



The date this year is **Saturday 24th November.**

All the usual stalls, home baking, jams, confectionery, tombola, craft, greeting cards, cosmetics, bric a brac, water or wine and raffles, all will be there.

WE HOPE YOU WILL BE TOO.

All donations and enquires please to Bill Page on 262009.

Tickets on sale at **£2.50.**

Please note that the hall will be open on Friday 23rd November between 2pm to 7pm to receive donations for the stalls.

Please note the next coffee morning will be on **Saturday 12th January 2019.**

Thank You Bill Page



Young Church Snowman Drive



The Snowman Drive takes place on Wednesday 12th December at 6 pm.

Tickets are priced at £2 for adults and £1 for children. The cost includes refreshments after the drive. Tickets will be on sale soon. See you there.

YOUNG CHURCH CHRISTMAS DISCO

As in previous years our Young Church are holding their popular Christmas Disco on Saturday 22nd of December from 3pm to 5pm.

Children and grandchildren of members are welcome.

Please inform any of the young church staff Suzanne, Diane or myself or uplift a leaflet from the vestibule in the church. This is so we are able to cater for the buffet.

There is no charge for this function. We then proceed to the church for the Christingle service. **Bill Page**

Abbotshall Friendship Circle

David Stockwell from the Ecology Centre at Kinghorn was our speaker at our April meeting. He explained that after being on the site at Craigencault Farm since 1998, they moved to a new custom built eco-friendly built site in 2015. The people who help are mainly volunteers of all ages and abilities and together with staff do a wide variety of activities including gardening, cooking, DIY, joinery, education and a tool shed project. Training is given to younger people to develop skills and help get them into work. People donate tools of all kinds and these are cleaned, sharpened etc. and are on sale to the public. A new venture is The Tool Shed where people can borrow tools on a weekly/daily basis at a reasonable cost and this is proving very popular. The grounds are being planted to create a haven for people and for wildlife and local children are encouraged to visit and help. All volunteers meet together one day a week to have lunch together using the produce on site.

In May we welcomed Chris Beattie from KART who told us about the work being done among children in the Kirkcaldy area. KART is part of the Scripture Union scheme and Chris has been KART youth

worker for 9 years and as well as attending school assemblies he and his team organise football coaching at after school clubs in three local schools. Three-day camps for primary pupils are enjoyed and are beneficial to the children in many ways. Scripture Union groups for senior pupils are held on a weekly basis and have been well attended as well as weekends away. A new initiative for the 2018/19 school year is focusing on "Walk through the Bible" classes with local schools. Chris and his team do a great job with our young people and are grateful for the help and support given by local churches.

For several years we have arranged to have a picnic in the park for our June outing but each time we had to picnic in the Hall because it rained!! Not so this year when on a lovely sunny afternoon, we went to the Ecology Centre to see for ourselves the work being done there. We visited the gardens and met some of the staff and volunteers. In the tool shed men were sorting through some of the tools which had been donated while a lady was busy sharpening tools. We visited the school room used by local school children and youth groups and the Loch View Room which can be hired by small groups. We admired the garden furniture, raised plant beds, bird and bat boxes all of which are on sale to the public. After our visit we returned to the picnic area and enjoyed the view of Kinghorn Loch in glorious sunshine while enjoying afternoon tea provided for us.

The venue is well worth a visit.

Harvest Thanksgiving Sunday 30th September

During the service the Young Church will be looking at the work of the Kirkcaldy Food Bank and so are having a special collection for it. Donations of food or money for the Food Bank will be accepted on any Sunday prior to the 30th September. These donations will enable the Young Church's preparation of this service.



BLYTHSWOOD

CARE SHOEBOX APPEAL

The Church is again taking part in the 2018 Shoe Box Appeal by Blytheswood Care and this will be launched at the Harvest Thanksgiving service. Please think about filling a shoebox for this project. To help with this project, ready covered shoe boxes will be available for uplift from the church on Sunday 2nd September.

The deadline for filled boxes to be returned to the church will be Sunday 28th October.

PRAYER GROUP

We meet in the Vestry on the second and last Sunday in the month except in December for about 15 minutes at 10.10 am. A warm welcome is extended to anyone who would like to join us on any of the dates below:-

9th September, 30th September, 14th October, 28th October, 11th November at 10am, 25th November,
9th December, 16th December - **2019** - 13th January, 27th January, 10th February, 24th February.

If there is someone or something you would like the Prayer Group to pray for, please put a note in the prayer boxes in the Church Vestibule or the Church Hall.

Anne Gardner – Prayer Promoter – 01592 265876

DATES FOR THE DIARY

Saturday 8 September, 10.00am – Coffee Morning

Wednesday 26th September 10.30am to 12.00 noon– Craft group open morning.

Wednesday 26th September, 2pm – Friendship Circle (Kay Wilkie on Dementia)

Thursday 27 September, 7.30pm – Kirk Session meeting

Sunday 30 September, 11.00am – Harvest Thanksgiving Service

Saturday 13th October, 10.00am – Coffee Morning

Wednesday 24th October, 7.30pm – Congregational Board meeting

Wednesday 31st October, 2pm – Friendship Circle

Sunday 4th November, 9.00am and 11.00am – Celebration of the Lord's Supper

Sunday 11th November, 10.50am – Remembrance Sunday Service

Saturday 24th November, 10.00am – Christmas Fayre

Wednesday 28th November, 2pm – Friendship Circle

Sunday 2nd December, 11.00am – First Sunday in Advent

Wednesday 12th December, 6.00pm – Young Church Snowman Drive

Saturday 22nd December, 3pm – Young Church Christmas Disco followed by

Christingle Service in the Church at 5pm

NEXT NEWSLETTER – ADVENT & CHRISTMAS EDITION 2018

The close down for the next newsletter will be **Sunday 4TH November**. Please send your contributions to Diane Murray on e/mail at **dianemurray953@btinternet.com** or by post to
97 Mellerstain Road, Kirkcaldy KY2 6UD or leave in our basket in the church vestibule.